

Tummy tuck overview

introduction to tummy tuck surgery (abdominoplasty)		a tummy tuck can repair abdominal muscle and remove excess fat and skin; especially beneficial after pregnancy or weight loss
often combined with...		abdominal liposuction, hip liposuction, breast augmentation, breast reduction, or breast lift
incision placement & tummy tuck surgery details		most commonly a horizontal incision below the bikini line, sometimes extending vertically up the middle of the abdomen
anesthesia		usually general anesthesia
surgical facility		usually outpatient surgery center with aftercare facility
length of surgery		2 to 4 hours
discomfort		minimal to moderate
what to expect after tummy tuck surgery		discomfort, swelling, inability to stand straight up, fatigue, numbness, post op garment; return to work in 3 to 6 weeks
risks of tummy tuck surgery (abdominoplasty)		fluid or blood collection, scarring, areas of numbness, skin flap sloughing, adhesions (scar tissue)
variations and techniques		endoscopic, panniculectomy, liposuction, fleur-de-lis, sub-mammary, rectus diastasis repair
cost (surgeon's fee)		\$6000 to \$8000
duration of results		results are usually permanent, except in cases of large volume weight gain or pregnancy after surgery
insurance for tummy tuck surgery		abdominoplasty or tummy tuck surgery is usually considered cosmetic surgery; insurance may rarely apply

